

## Vamp Discussions Transcript: Psi vs Sang War 12/5/25 7:30 pm

### Introductions

Welcome everyone! I hope you all are doing well today. In Today's discussion will be over the Sang V Psi war. We will have an overview of the History, current events, and what we can do as a community to prevent history from repeating. Before we start this discussion, I would like to introduce you to our cohosts, Mikhail Sauromatos and Luna Niluv.

**Lady Nova:** Would you like to start us off, Mikhail?

**Mikhail Sauromatos:**

Yeah, sure, I've been involved in the VC for about a decade, I think. I've been part of various German communities and organized small gatherings over the years. I'm a council member of Nexus Noctus, one of the oldest and most active community hubs for the German-speaking community. I have my own vampyre house, and I'm one of the founders of Black Rose Society, which you might have heard about. I am friendly with many communities, including Project V.

I'm sort of an intermediary between the German language vampyre community and the international community. In all fairness, I'm a pretty respected authority on vampyre subculture and history, and in that capacity, I am here today essentially.

**Lady Nova:** Very Nice, Luna, welcome, ready to introduce yourself?

**Luna Niluv:**

So I don't have nearly as long or as impressive a resume. I'm Luna. I've been in the online community for about six years. I am a midsang. I'm also part of Black Rose Society and the moderation team. I'm a licensed mental health counselor in the U.S., so that does definitely influence how I approach all this stuff and how I kind of conceptualize it for myself, and also trying to understand it from a community perspective.

I have a survey on the psychology behind the vampyre community, and I'm still compiling the data for that. It's a lot more than that. I bit off a lot more than I could chew, but it's going slowly.

And you know, on top of all of that, part of what I'm going to be talking about today is part of another article that I want to write that sort of pertains to what we're going to be talking about. But we'll get into that later.

**Lady Nova:**

Awesome awesome! All right, so we have a couple of disclaimers that I want to point to. We have a disclaimer channel over anything education and safety-wise, so if anyone wants to turn their attention to that section of the server, go right ahead. We have that. We also want to make sure that we keep this discussion as clean as possible, along with making sure that we have at least some sort of questions or statements going on. We'd like to encourage this as it is a discussion we'd like to encourage conversation, so if anyone has any questions or statements, you can go ahead and pop into the voice chat, you can talk there, or you can use the text-based chat that's located in the voice call. I will always be checking on that lurking, and if I need to, I can just forward your message to voice chat for you.

Does anybody have any sort of questions? Okay, Perfect, we can get started. Mikhail, would you like to start us off?

**Mikhail Sauromatos:**

I will give you a brief overview of the Psi v Sang War, what it is essentially, and some of the contexts.

**A word on sources:**

I base myself heavily on Vyrdolak's writings by Light Unseen Net, if you're familiar. I chose those as a primary first-hand source because it's still online and it's all in one place, and I believe it's fairly concise and comprehensive at the same time. It's really amazing for the scope of our discussion. <https://bylightunseen.net/vampreal.htm>

## The Psi vs Sang War: What is it?

**Mikhail Sauromatos:**

The PsiSang War is a (predominantly humorous) term used to refer either to a specific period of the Online Vampyre Community's history, or, generally, to the historical tension between PsiVampyres and Sanguinarians.

On a side note, the matter is wholly undeserving of being called a war in any serious capacity, and it might be considered insensitive to people affected by real conflicts around the world. I ask you to keep that in mind when we speak on the PsiSang War.

Now, what is it and what started it?

It's vampyre community drama from the late 90s, which might as well be ancient history for

most of you. The so-called war essentially comes down to self-identified vampyres bickering about which group of self-identified vampyres has the more legitimate claim to be a “real vampyre”.

It was started by the Psis becoming increasingly numerous and annoying online, and the Sangs, feeling that the Psis were taking over the community they had built, reacted by kicking them out of their online communities, thus sparking the PsiSang War. Many glorious battles were fought in the trenches (of community message boards), the Sangs valiantly defending (their unchallenged hegemony) against the superior numbers (and arguments) of the Psis. For the sake of the community’s unity, the Sang leadership eventually apologized and formally welcomed the Psis back in, thus ending the war. During the uneasy peace that followed, more inclusive models of what makes a real vampyre were establishing themselves in the community, leading to the now common “real vampyre” definition based on individual need, without the need necessarily being defined as either blood or subtle energy.

But there are still those who do not accept the status quo, those who wait for tensions to rise again.

The End. I thank you all for your attention. Exit stage.

Like that's the version, yeah? But it's never that simple. Told to past students when I was still doing mentorships, the German-speaking vampyre community had their own surprisingly similar version of such conflict about 10 years later from the events centered around the North American vampyre community. It's a general trend to see, okay, things happen in the US, and then about 10 years later or 5 years later, they happen in the rest of the world as far as the community is concerned. It's really interesting.

### **Mikhail Sauromatos:**

Scenario: Like,, there was a totally different outcome when I was coming up in the vampyre society. I was like a staunch Sang supremacist. Like it was true then, as it is true now. Like, there's no better way to establish yourself in the community than aligning yourself with a Fiery cause.

Today, I do not have a stake in the Psi vs Sang rivalry. I'm not a Sanguinarian. I'm not a Psi. Like I'm not a “real vampyre.” Meaning I do not align with those categories as they are commonly defined. Out of all the tribes of the vampyre community, my favorite lifestyle vampyre is actually the most for being the least pretentious, ironically, but I digress. In the late 2010s, the Psi vampyre presence in the German-speaking communities was already on its last breath. And then it was no more.

To this day, the majority of vampyres in Germany, like in the German regions, are blood drinkers with very similar beliefs to our protagonists in the North American and Psi vs Sang war in the late 90s and 2000s. In the German-speaking community, vampyres are almost universally understood to be blood drinkers exclusively. Most describe that blood constitutes or contains the life force they crave. Some may feed on subtle energy via various techniques of energy

vampirism, independent from, in addition to, or as a substitute not feeding, but almost all would choose to feed on blood.

We have those who describe suffering from symptoms close to what Med Sangs describe here. If you research the ideas discussed in a sang owned community spaces, like in the early days in the 90s and early 2000s, you will find it very similar. You know, it will be very similar to the beliefs of present-day vampires in the German-speaking community or to the ideas of European vampyres.

In general, as vampyrism is less defined, the segregation into the categories of Sang, Psi, or Hybrid is only really relevant in exchange with the North American-led international community.

Now, if you ask yourself, why these categories seem to be so much more prevalent in North American community spaces, or North American-influenced communities, you are asking the right question. Keep that in mind, as we take a closer look at the context of the Sang-Psi War.

## Psi vs Sang Unsimplified

### **Mikhail Sauromatos:**

What is it really, and what led to the friction and conflict between vampyres in the days of the Psi vs Sang war? Ultimately, the very material conditions of the time are at the root of the Psi vs Sang war, if you ask me. It was the time after the Anne Rice vampyre Chronicles and it was the time of vampyre: The Masquerade. Through exploring the point of view of a vampyre, more and more individuals were beginning to self-identify as vampyres. And they were establishing contact with each other through enthusiast and fan networks. That was new, and that's exactly what happened. As far as the overall subculture is concerned, practicing blood drinking, actual blood drinking vampyres were never numerous, especially in the early days. It was quite rare to meet another blood drinker.

And it was mostly a lot of vampyre enthusiasts and fans, some of which leaned into the vampyre identity. Some of which leaned more heavily than others. Some of which are the hardcore blood drinkers.

It came with some sort of subcultural capital and prestige, but it was still a very edgy thing and still is, by the way. We forget that, but by what we can tell, many early community spaces seem to have been heavily centered around the idea of the vampyre as a human blood drinker.

So, from the perspective of these individuals who may or may not have been practicing blood drinkers, there is a lot of lying going on in online spaces.

From the perspective of the sayings, essentially, they were not called sayings back then but it was going to happen. There was this massive influx of self-identified psychic vampyres bringing with them their own concepts and ideas from their respective traditions, and they were naturally looking for their own place in the social hierarchy of vampyres.

Who would remain on top? That was the question. It was a threat, essentially. From our perspective today, it's hard to imagine a vampyre community without psychic vampyres or psi vampyres, but in many places, this experience seemed to have been rather common. It did not come out of nowhere, but to the early blood drinkers, it might have seemed that way. Who are these people? What are they talking about? What do they want? Essentially, this whole energy thing. What is it?

## The Birthday Party Scenario

### **Mikhail Sauromatos:**

Let's think of a scenario. Let's get into this matter emotionally, because this is all based on emotion.

You are hosting a party, maybe it's your birthday, maybe it's Halloween. You invited your close friends and dear friends. It's a costume party, maybe there's a theme, a vampyre theme perhaps. Do you ever feel like this is exactly what you wanted? Like this is exactly where you want to be. You are ecstatic.

But then all these people show up, people you don't know and who don't know you. They are talking amongst themselves about things you have no interest in at all, and no one talks with you, save for maybe a couple of friends. That's all you need, but it's not what you wanted. You try to be a good host, you want everyone to have a good time, like you wanted to party.

No longer your party. So, what do you do? This invasion of a personal, emotionally meaningful space (like a birthday party) is one of the most cited reasons why the blood drinkers would eventually be termed as sanguinarians reacted that way.

Identity is, of course, deeply emotional. Generally, we do not like to be attacked, challenged, or threatened in our identities. Our gender, sexuality, ethnicity, we do not like others to touch or callously take what belongs to us essentially. People identifying with the vampyre for whatever reason make the vampyre part of their identity. Generally, we do not like what belongs to us in this special way to be in our eyes. In any way, be mistreated, misrepresented, misunderstood, rejected, ridiculed, etc.

Still happens a lot. It naturally happens wherever people gather. Like growing up, we develop thicker skin. Not all of us, of course. It's not a big deal, but it always stings a bit when people get your name wrong. You know, it's that kind of thing, only worse. The stereotype of this true

vampyre, who represents the highest form of vampyre that you specifically cannot attain, it's something we laugh about now, but there are real grievances associated with that type in our community, especially in the context of the Psi vs Sang Wars. Like one thing that I personally remember from a conversation I had in the German community about 10 years later. It was the same. Like I researched it, it's the same talking point, the same argument, the same line of argument.

## Argument Examples

### **Mikhail Sauromatos:**

“Oh, so you are doing badly. You suffer from symptoms. Why don't you just feed on energy? It's easy and it's more refined anyway. Why would you endanger yourself doing this icky blood stuff and when you can just do the energy”

Like these categories, they were not as defined as they are now, like before the conflict, after the conflict, like the definitions became clearer.

The community was more unified because it was more vague. But these arguments, like Sangs, had to hear that. I think every Sang in that specific time up to possibly now had heard that, "Yeah, if you're doing so bad, why haven't you tried energy?" And of course, what materialists Sangs might respond to that would be, "Yeah, this energy thing is not real, you know?" Eventually become the Med Sangs. They were really fed up with this whole energy talk.

What can also be leveled against all sides is the accusation of being delusional. Like, even the lifestylers can be delusional. Why do you sleep on a coffin like you're not normal? That's delusional. Like you believe you suffer from some kind of mysterious medical condition that's delusional. Or yeah, you think about like magic energies. You have tendrils of energy, yeah, like that's delusional.

You would hear that a lot. Are these examples of misrepresentation? Like, it's really mild, and that happens a lot still. It's just not understood by the hybrids, which are like in the German community for example. The vast majority would call that in online VC terms "hybrid" because they can do energy stuff, but they are blood drinkers. They mostly when they talk about it they say "I do it for the life force in the blood", but some sangs would just stand their ground and say "no, no, no, it's not the life force in the blood, it's the blood". They were very rarely listened to because they were in the minority. Like you have to remember that the Sangs always were actual blood drinkers and always were the minority. As the community blew up, most newcomers were like some kind of energy vampyre.

## In Summary of the arguments

### **Mikhail Sauromatos:**

I would say those are the two examples of emotional grievances/emotional hurts that kept that whole war machine going.

But there is also something to be said about the formation of the conflicts that have been for the vampyre community. I will confidently say that we can assume that the lines of Arguments used and refined to own the other side during the Psi vs Sang war are big contributors to the development of sanguinarians and psychic vampyres as distinct categories as we know them today. The conflict needed to happen for both sides to develop on their own. You might say that. For the goal of learning to eventually coexist together.

This part was the case with the Med Sang Schism. The Med Sang Schism will be the next segment. Whether you think that's a good development or not is beside the point. But generally, I think conflicts have great potential for further growth. Maybe we should not be avoiding them; they will happen in one way or another. But as a community, we can certainly be more educated and more prepared for facing future conflicts. The tension between Psi and Sangs has flared up again in the 2010s, like in Germany, for example. And for I know we might be due another such conflict. It might not be about psi side of things, like the VC has a troubled relationship also with Therians and wolves, and other kin. That's a whole other topic. But it's very similar if you think about it.

A few years ago, there was an influx suddenly of vamp kin and other kin in vampyre spaces, and it was a similar situation there were so many new people coming in with concepts and ideas that we were not familiar with, and it was just strange. The point of this discussion is to learn from our history as not to repeat it. I'm aligned with that personally. I do not like to see what I've built to be thrown into the chaos of a big conflict. It's internet drama. Let's keep that in mind; it's not serious at all.

As a historian of sorts, however, I think that conflicts are unavoidable in the end and necessary for growth. But, as I said, we can certainly learn from what happened. It would be sad to repeat the same thing only to have to develop the same kind of structures that we already have. That's it for my part, that's a general overview, and I'm very excited for the next segment.

### **Lady Nova**

Does anyone have any Questions or statements?

### **PV Member:**

It seems like a kind of purging of one or more prominent/persistent sects of any community would just result in people concealing their experiences to conform to the perceived norms.

**Luna Niluv:**

What seems like a purging, specifically?

**PV Member:**

Is it okay if I unmute just to explain?

**Luna Niluv:**

Yeah, of course.

**PV Member:**

Okay, I was springboarding off of something, and my memory is not always the best, so I kind of forget exactly how that ended. But CJ said it seems to have worked out well for the medsings and blood drinkers, and I believe you said in response to that, like, "Oh, yes, um, you know, maybe in a half jokingly kind of way or something," but like, "Oh, yes, they went out in that way in that sense," and I just sort of thought that like, well, any time that you have a larger community that is intent to define the appropriate experience in such a way that it carves out a large part of those that associate with the community (usually goes for any kind of group), usually it just results in people changing their story or denying any experiences to themselves that they might have had that disagree with the socially acceptable.

**Mikhail Sauromatos:**

Oh yeah, no, for sure, for sure. Like, whether you like the development or not, I personally do not like what we ended up with. I remember a conversation I had during a meeting where I said, "Yeah, to define vampyres on the need excludes some types of vampyres," like, "Some vampyres do not need to drink blood on the regular," they are not like that type of blood drinker, but they are still drinking blood, and there's still some kind of vampyre," and that was for this vampyre I spoke to. There was a sort of revelation, like they had never heard in all their interactions in the community that they.

**Mikhail Sauromatos:**

So, yeah, conformity will be an outcome, but it depends. It depends on a more vague, more unified, primitive community, if you will. I like that it has its charm, but I don't know if you want to return to the community we had in the 90s. It was fun, but I don't know, and I don't think we can. We have what we have.

**Luna Niluv:**

I also think it's very possible, if not likely, that we get to a point where it's a step back, not in the sense of regression, but like you were saying, a bit simpler, a bit less divided, but still able to have these types of subgroups and subconnections that are more defined, not for the purpose of separation, but for the purpose of being able to discuss and describe people's unique experiences. People experience these things differently, but also within categories, which is how we even have med songs in the first place.

That's something that I kind of wanted to discuss briefly from a little tivy that happened in the

chat. There was a debate that I see often that I want to speak on because I'm kind of in both.

### **A Chat Question**

#### **PV Member:**

“The purpose of Med Sang's continuing to be in the vampyre community? If the purpose of that schism was to create their own spaces, why is there still this connection?”

#### **Luna Niluv:**

As a very concretely identified Med Sang, I don't really use the label "vampyre". It's a simple way of describing experiences, but if I choose my words and how I identify, I don't use it. Why am I stealing these spaces? Because I'm in here. I'm in BRS. And I think it is really important to acknowledge that there is no way that we Med Sangs are escaping this label. You can't be a hundred percent separate from it. And you can choose to the best of your ability to use this label, like it's the umbrella that I'm under. This is the way that I identify. This is how I articulate my experiences. Like, I don't choose the vampyre label because I don't express myself in that way. I don't identify in that way. Like, I'm coincidentally into a lot of darker alternative fashion stuff, but that has nothing to do with my identity. That just has to do with my taste. Look, at the end of the day, when you drink blood, there are only so many words that you can use to concisely describe your experiences and communicate about them.

#### **Luna Niluv:**

At the end of the day, as many nuanced discussions as you can have within the community about your experiences and how you experience this differently from other people to any other outside person, what are they going to call you? Does that necessarily mean you have to take the label? No. But I think it's important to acknowledge that there's only so much separation that you can have. And that's not necessarily a bad thing like it's still important to have that commonality and understanding in that way.

And I'm going to draw these parallels a little bit more later when I talk about my stuff. I think it is very, very similar to discussions within the LGBT community when looking at variances in gender, variances in sexuality, right? Like gender and sexuality, they're not the same thing. Yet we have the LGBT community, right? Like it's all under this umbrella because even though these are different personal experiences and there might be an overlap. There's a lot of common ground in the experiences you have when dealing with other people who are not in the community. And having that commonality and support amongst each other is really, really important in supporting ourselves. Because this is like, look, this is weird shit to deal with. No matter how you identify, this is a unique experience and it's important to get that type of support.

#### **Lady Nova:**

I would also like to piggyback on a statement that was made in chat.

All right, so we had a member mention that,

“It wasn't a victory over psi vamps. It was a war of independence from the VC.”

And I agree. While another user says,

"A war of independence that concludes with Messings wanting to come back into the community."

Now, I can understand why that was said. But I think it is very valid to have Med Sangs wanting to still hang around the community because they're not specifically wanting to reject the vampyre community. They just don't want to be simply attached because of the different beliefs, one being more of a medical aspect, while one's more having more diversity, such as like I said, psychic vampyres and the life stylers, and then you got people who are coming in with fiction kin, etc. But you have to think again, like Luna

**Lady Nova:**

was saying earlier. The vampyre label is going to be deeply rooted within this community and anything adjacent to it. You can't get rid of it.

So I want to present a possible thought process here. These individuals who identify as Med sang, of course, they're going to stick around the vampyre community because you got other people who drink blood. They want to meet like-minded individuals, and that is okay to outbranch into the vampyre community or in any space. You might find people within the VC who drink blood and realize, "Oh, I see this cool person over here. That's a medical Sanguinarian, and we have very common beliefs." Let me go over here into their community; let me dance between these two lines. That is perfectly valid. That is actually what we want within a community: you want to get into collaborations; you want to be able to spectate respectfully among these different spaces. This is how we get educated, and this is what we need to be doing. I don't think it's fair to be like, "Oh well, they just left just to come back." No, no, no. It's being able to have independence; they can have their own space to educate in a community space.

So you have the greater vampyre community (GVC), then you have the spaces within the GVC, such as Project V, The Red Cellar, BRS etc. They have the right to distinguish themselves however they want; they have the right to create their own rules and have their own form of conformity and hierarchy. That is valid.

So I just wanted to speak on that because I feel like I can understand where that statement was thrown out there, but vampyres become a search tool it's a search tool to be able to find like-minded individuals and experiences. That's my piggyback.

**Luna Niluv:**

A lot of spaces and historically, the meds saying "sub community" is related to the vampyre community, even if they reject the vampyre label. It wasn't independent from the beginning. You know, there is that relation, and there will always be that relation.

As far as the general conversation in chat is concerned, I believe that's a valid question to ask. It's good to talk about it, but if we can talk about it in a calm way, that would be preferable.

**VC Member:**

“If the support already exists, where is the desire to hang out in places that aren't within that paradigm coming from? It becomes a social dynamic at that point. I dare say validation.”

**Luna Niluv:**

I can only speak from my perspective, so take it with a big grain of salt. I'm not speaking for all Med sangs; I'm speaking for me. Because again, I kind of go out of my way to interact with these various vampyre community spaces. I just went on a whole spiel about how I don't actually identify with that word. Part of it is because I do see it as a kind of inescapable "okay, well, if I'm going to be lumped in here anyway, I need to be on good terms and keep up with stuff." Also, I kind of spoke about this a while ago in part of what I'm going to get into later.

But I think that if you get too many people thinking the same way in one room or one server or community, whatever, on anything (but let's take it, what we're currently talking about), you loosely get into what I want to discuss later, which is on some people might have been present in spaces where I talk about the stuff, some might not. I kind of have a model that I'm working on, that I just kind of refer to as the "Euphoric vampyre" and the "Dysphoric vampyre".

To be very brief in those explanations, I kind of described the "Euphoric vampyre" as someone who identifies with this label out of a sense of fulfillment or empowerment or being drawn to that identity. And then the "Dysphoric vampyre" identifying or rather not identifying or choosing their words, as someone who is in these spaces or has these experiences or sees themselves in this way because they perceive it as a deviation from the norm, and the different ways that people experience these things. Not only does it influence their perception on themselves, but it also influences their perception of other people.

To put it bluntly, if you get too many euphoric vampyres in a room, they're going to become grandiose. If you put too many dysphoric vampyres in a room, they're going to become self-loathing.

I think it's really, really important that we be able to discuss across the gap and interact with each other, throwing ideas at each other, even if it doesn't necessarily resonate. There might be a core meaning that sticks. I think something that weirdly enough, even having arguments with each other is healthy. I think it's healthy. Obviously, there's a respectful and disrespectful way to do that, but having those types of disagreements is much better than just keeping it to yourself and meeting each other in silence. That doesn't benefit anyone.

**Lady Nova:**

No, exactly. It causes a long period of just disdain for each other, and it just makes interacting with one another awkward. Kind of get it over with. I don't understand the point of letting it fester for so long.

**Luna Niluv:**

I actually want to address that before we continue. I think there's a lot of assigning about how we feel about the community that isn't accurate, like implying that because we don't identify with metaphysical things and have made spaces without those things doesn't mean that it's okay that we don't like people who do embrace those things or that we exclusively shittalk people who are more metaphysically inclined.

I wasn't around for this part, but I'm just aware of it historically. There definitely was a period of shitflinging and certain med sayings being particularly volatile towards people who are more metaphysically inclined. In the same exact way, people who are more metaphysically inclined were being kind of shitty to med sangs. A lot of that is in the past.

Genuinely, it is rare for me to come across people nowadays who identify in that camp who are shitty or shittalking to people of the other side. Part of this discussion is because we're starting to see that kind of comeback a little bit. But, generally speaking, there is not this distaste across the board from one ideology to the other.

That being said, any other questions, comments, concerns, or do we want to move on to the next chunk?

**Lady Nova:**

Okay, the whole point of this discussion was to do a brief overview of the Psi vs. Sang war and then go over the various resources. One of them was being over the medsang schism. Considering we were not able to have any sort of "medsang representatives," we're not going to speak on their behalf. I go by the ideals of "if it's not in black and white, don't preach about it" because I don't want to misrepresent anybody. But I'm sure we do have a couple of people in chat who is able to express their experience with this at this point of time.

**Lady Nova:**

So we do have the following resources.

A Sanguinarian Treatise: An Argument For Partition From The Vampire Community By CJ

<https://theredcellar.com/2016/02/07/a-sanguinarian-treatise-an-argument-for-partition-from-the-vampire-community/>

A Treatise for the Most of Us: An Argument for Honest Introspection and Mutual Understanding By CJ

<https://theredcellar.com/2016/03/02/a-treatise-for-the-most-of-us-an-argument-for-honest-introspection-and-mutual-understanding/>

Consider the Med-sang point of view by Syrf

<https://theredcellar.com/2016/03/04/consider-the-med-sang-point-of-view/>

Ex Meis Cineribus Renascor – Sanguivores, Med Sangs & Vampires By Alexia

Note from author: (The “Type A/Type B” thing isn’t relevant anymore, but the rest shows some historical context)

<https://theredcellar.com/2017/09/19/sanguivores-vampires-ex-meis-cineribus-renascor/>

## The Partitions

A Sanguinarian Treatise: An Argument For Partition From The Vampire Community By CJ

<https://theredcellar.com/2016/02/07/a-sanguinarian-treatise-an-argument-for-partition-from-the-vampire-community/>

### **Lady Nova:**

So a bit of that partition is what we exactly discussed earlier, which was gaining independence from the VC. To my knowledge, from what was stated within the contents

of part one... It was more of a boundary statement I wouldn't say it was oh, goodbye y'all we're not going to be here type of thing It was more of setting up boundaries among the greater vampyre community. It wasn't total separation but it was more of creating individuality among the entire space, especially the online community. This was for the purpose of being able to go into the more medical side of the sanguinarian identity. So, within the context of this article, I agree with the reasons for this partition despite how

Controversial it was at the time, I imagine, I've read that somewhere in there that it sparked multitudes of people who were like Why is there a partition? Because there are so many articles being written about it.

But within this article that we have here vampyres were no longer to them meant just blood drinkers it included more of the metaphysical. That was another reason for the detachment of the vampyre label. Again, being more science-based based metaphysicality is believed not to be backed by science. That was another belief that was stated as the greater vampyre community expanded this caused the vamp influencers to be more on the rise especially 2020 era with TikTok blowing up glamorizing vampyres and the kind of glamorization wasn't something that the author believed would benefit med songs since they wanted to be taken more seriously in the medical field she also gave some very valid critiques on how to be more validated within the medical field such as if you're going to be drinking blood what does it do for you exactly how does it help you? It's just more so note-taking on that kind of aspect there.

**CJ:**

“ I wrote a sanguinarian treatise in 2010 because I was literally sick and tired and thought to myself there must be a better way. “

**Lady Nova:**

Especially having to delve further into the metaphysics, which I'm sure sparked a lot of unpopular beliefs to be more so of an issue. But I saw part 2, which I personally did really like. A Treatise for the Most of Us: An Argument for Honest Introspection and Mutual Understanding  
By CJ

<https://theredcellar.com/2016/03/02/a-treatise-for-the-most-of-us-an-argument-for-honest-introspection-and-mutual-understanding/>

This one was more about how you present yourself within the community. This one is titled "An Argument for Honest Introspection and Mutual Understanding". This one I personally really liked. This one was more on critical thinking, staying in your lane, and watching out for how too much mystique could be counterproductive. I think that is valid to consider because we have seen people who jump into these spaces and are like "oh I'm gonna adopt this label even though I've been within this space for like two seconds and I don't know much about myself or what this identity is like". I think critical thinking and reading is a necessity within any space but especially the vampyre community when you're trying to adopt some sort of a label.

Questioning period has always been necessary. The questioning period should always be warranted, considering there are people who question maybe for three months, six months, a year, or two years. Probably like people like myself who still question to this day, going to the doctor needing to have specific checkups on this or that, just in trying to debunk yourself is what I'm essentially trying to say.

I think it's very healthy to be able to debunk yourself, and I think within this article, specifying on being able to put aside the mystique but also be true to yourself and I think that speaks a lot on also having to stay in your own lane as well.

Especially during the questioning period back then, there was a lot of this symptom's lists floating around. I don't know if anyone is familiar with those. I think those died off 2020ish I want to say. They're not very relevant now.

**Mikhail Sauromatos:**

If you read the source I linked, a vampyre checklist happens to be one of the big things, according to the author, that sparked this whole thing because, okay, there is a checklist. If I do not confirm with that checklist, I am NOT a vampyre. That contributed to the war essentially. You know, so these things tend to spark up friction a lot. Yeah, and we really see the patterns repeating itself. Like it's really beautiful, actually, it's just interesting to look at it, especially if we go more into the whole point of Psi vs Sang, who is the truest vampyre of them all.

**Lady Nova:**

These symptom lists, I think, especially nowadays, are just something that simply won't hold up. The definition of vampyre has changed so much and is even, to some, not definable. That's why we kind of have this ideology over here that we don't want to create a cookie-cutter standard, but also, I do think there needs to be a baseline, and a lot of that baseline has turned into that need. So a lot of adjacent labels are able to coincide with the vampiric label, but it's not the option. Again, part of the questioning phase: do I want to adopt this label? Do I feel like this represents me? How does this need and how do I take care of this need affect my general health if I do display any sort of symptoms? I think these are things that people really need to think about .

**Luna Niluv:**

I was told I shouldn't even take the vampyre label because I didn't come from this specific Norse bloodline or Nordic bloodline. Why? That was interesting.

**Lady Nova:**

This isn't even getting into the authenticity testing. I've written a blog about this, actually. And this is still something that is happening within the VC in some form or way. I would say it's more so like bad actors within the community, of course. Mostly prey upon you through private messaging. I like to call these the vamp scams. But essentially, this does have some relevance to the symptoms list. I've had somebody say one time that if you drink only water but don't eat any food, but you must drink three cups of blood a day for like, I think it was three weeks. If you survive, then you're a vampyre, and if you die, well, you're human and are dead. That was the most baffling thing that I ever read, and it's just to think that there are people out there who is preying on people within private DMs with this sort of thing is concerning, and it's even more concerning if people do fall for these kinds of scams. I would say. I don't even know if it's a scam because what is he getting out of it, honestly? But yeah, definitely something. The VC has been pretty nasty in some way. There are just too many things that people will look at a phenomenon, right? And they'll use that as some form of confirmation bias towards their own beliefs to prove that they are the true vampyre.

But we're not going to get into the apex predator aspect. That's another discussion for another time. But that was very prevalent within these kinds of Psi vs Sang wars. It was just who was the top dog.

There's definitely a pattern. I think there are people who do see the pattern and are scared, and this scared response either results in wanting to fix said problem in some capacity, or even

overly analyze situations where they take such a little conflict and just run with it. That's just how society is. That's how it is in the vampyre community. People will take the smallest things, or even hear the rumor, and just run with it.

I mean, especially this time of the year. I really wish there was a study on this, but for some reason, within the VC, it's always around October to February where the craziest things will happen. That's pretty much why we are hosting this kind of discussion. Let's just get ahead of it. Let's educate on this sort of thing, and what ways can we be better about it?

## Do you think the Psi vs Sang war is coming back?

### **Luna Niluv:**

Do you feel that we will put it as saying the Psi tensions are coming back? I want as many people to feel comfortable voting. (Luna set up a poll for everyone to vote on in the chat)

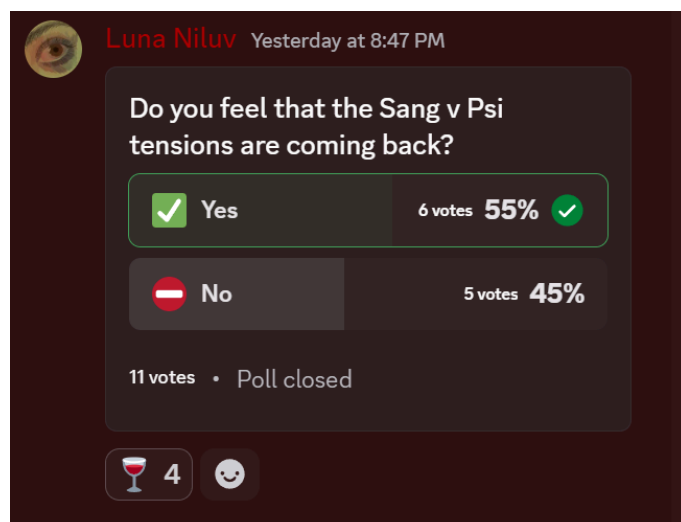
If you want to add to your answer, like you want to pitch a question or you want to explain what you feel, then put a reaction on the message because we can see who reacted to it.

So like, for example, if you feel that those tensions are coming back and you voted yes, and you want to talk about it. Just add a wine glass, which will say the wine glass emoji. I like that one.

### **Lady Nova:**

I think we all like that one.

Note: 11/20 people voted.



## Reviewing Poll Results and Statements

**Luna Niluv:**

I do think we are seeing it a little bit more. I definitely think that's part of the motivation people want their piece to be heard, and they might've not been here during that initial schism. And I think the same phenomenon is occurring, which is what I want to talk about. It always comes back.

**PV Member:**

Drama is the boomerang and the VC keeps hitting itself in the head with it. I don't think it's realistic to expect a VC without drama.

**Luna Niluv:**

So I want to go down the list since I think we have a majority of our votes in.

**PV Staff:**

I don't think it's community-wide as much as, like, we saw it at the VC roundtable between a couple of people. And then they happened again in the VCN on Facebook (for those of you who used the vampyre community network). But it's like a one-off. It's like maybe one or two things. I feel there are not enough resources and I'm sick of all the bullshit. Right? That's why I've been trying to be more vocal as a psi to be like, I mean, I just don't have blood donor and so I don't know not be drinking that stuff. But it could be psychological. I totally agree. I mean, I've ADHD. I have trauma. You know? I'm a human being. So I have a lot of issues because I'm human. I think the issue is people are attaching too much to the identity of vampyre, whether sang or psi, and then it creates people that love the history of it who are part of houses, grew up in houses or running houses get to step in, like, you know? they get emotional like Mikhail said they get emotionally invested and it just turns into psi and sang wars instead is coming through I think from the perspective of Qi Gong of Qi is life force that vampyre feeds on but Qi stems from blood itself and the way the energy moves that Qi moves through your body is related to your blood flow your energy your organs so when you're feeding on energy you are feeding on On blood essentially. It's just different, but that also has a you know, 5,000 or 2,000-year-old history.

**PV Member:**

I mostly said no, as I am newer to this community, I had not seen much of a conflict that wasn't

either civil or quickly resolved. In my personal opinion, that wouldn't constitute a full-blown communal conflict as there is clarification. I may have missed some conversation, though, so my answer is a tentative no

**Luna Niluv:**

Which is, like, totally fair. Like, even saying, like, you're new here and, like, realistically, because I personally do think that I'm seeing this come up more. I have my fingers in a lot of pies. I'm in a lot of different VC spaces on Discord. I definitely have noticed a bit of an increase. It's not like, you know, the armies are approaching or anything like that. It's just I've noticed a little bit more volatile language in some spaces. And I think it's important that we discuss this now to, like, nip it where it is because it's not really problematic right now. But I think a lot of community leaders are concerned that it could become that way. But, like, that being said, like, yeah, it's still pretty civil. You know? Like, community leaders are being pretty quick about, like, "Oh, if we're seeing that sentiment start to bubble up, we're kind of shutting that down right now."

**Lady Nova:**

Very, very valid perspective. That is why I wanted to reach out to different spaces to communicate about these things. I think it's the healthiest and most responsible thing we could do. Yeah and like full disclosure, sure did try to get a couple of community leaders from the Red Cellar that Med Sang space to come on here and talk during that part, but unfortunately, no one was available during this time. So we wanted to do that.

**Luna Niluv:**

I'm gonna see if I can,,me and Nova are gonna try to see if we could poke them to maybe do discussions at a later date. That was part of the plan.

**Lady Nova:**

But I mean I think this is good. I think this just gives people an overview of the history and how things are going right now, and if people are interested in doing a more in-depth conversation, then I can have more time, like a month in advance to contact different spaces and kind of get a panel going on. And be more organized, and we'll have everything a lot more set up for that kind of expansive topic.

## Why is this happening now?

**Luna Niluv:**

I think that it's important to acknowledge that if this is a thing that is happening, it's my opinion and a couple others that it is, but you know, in your opinion, if this is a thing that's happening,

it's important that we talk about it before it gets bad, which is kind of what we're trying to do now.

So thank you everyone for contributing and participating. I think that a really important question that we need to be asking now is why, and not just for now. Right? Like it's not just about why this is happening now? It's why did this happened in the past too.

Something that I really want to get into is that I think that we're kind of missing the point by making it just about Psi vs Sang dynamics. I think there's another access that makes a bit more clarity on what the tension is happening here. That's what I started to introduce earlier. The euphoric vs the dysphoric.

Transparency. I did not expect to be able to be here tonight, so I didn't really get a chance to prepare as Mikhail did. But I do have a little Google Doc where I've been putting my thoughts to eventually compile this into some type of article or paper, blog, or whatever. So I'm going to take bits from that to the best of my ability.

I think that part of what's happening here is that there are people who identify as a vampyre or something vampyre adjacent since Med Sang, dont use any of these labels because they feel that there is something wrong with them or with their experience, and that this identity label or this community provides a medium to connect with other people who feel the same wrongness or experience these same difficulties, these same sensations, these same experiences.

And then there are other people who identify as a vampyre or again something vampyre adjacent (whatever else) because it brings a sense of fulfillment or empowerment, and they don't necessarily have this constant residual bad feeling; they just feel noticeably and potentially holistically better by identifying, presenting, and living in these ways.

It's kind of what a member was nudging to. I do think that you see more sanguinarians, particularly Med Sangs, in the dysphoric category, and you tend to see more Psi and hybrids in the euphoric category. But it's not exclusive; it's not like only Psi euphoric, only sangs in dysphoric.

**Luna Niluv:**

Any questions so far before I move on? Because I know that I'm kind of just throwing these new words out there and I don't want to assume that everyone's like, yeah, I got it.

**Lady Nova:**

I think it's very interesting. I didn't really think about it like that.

**Mikhail Sauromatos:**

Our trad model, you know, like traditionalist versus modernist. It overlaps with that a lot. But I prefer yours, honestly. It's elegant. I like it.

**Luna Niluv:**

Thank you! Yeah. A lot of the questions I'm noticing are stuff that's literally later in the document so I'm going to kind of put a pin, I guess, in those. So I'm going to keep going, and then we'll pause to collect questions. A lot of the questions I'm noticing are stuff that's literally later in the document. So I'm gonna like I'm gonna kind of put a pin, I guess, on those. So I'm gonna keep goin,g and then we'll pause for to collect questions. So in terms of like vampirism as a label, I think generally speaking, very very very very generally speaking,g cannot stress enough this is a generalization in the vampyre community sees both of these groups as equally valid I think this is because that, and this is kind of where the schism gets into it. I think this is because each group sees the existence of the other and their experiences as invalidating to their own and again, this is very much speaking from my own experience. I like so this is again kind of stated later too this is not a binary this is very much spectrum that being said I really would consider myself very far into like the dysphoric end of that spectrum, and again this is my experience personally when I first entered the vampyre community spaces I definitely had an anti psi bias like I 100% thought that was like cringe and dumb and like it was kind of like activating to me to interact with people that were on like a psi identity. It definitely took me a couple of years to really like pick myself apart and understand, like, well, what is that about? Like, why is this something that is so activating to me? This is a different person with their own personal experiences, this has no impact on my own, and that realization and coming to peace with that came with me actually accepting this as a part of myself. Brief history, I have been getting what you would call symptoms since I was a very early childhood. I think a lot of people have the same story. Puberty is a fucking nightmare and that's where this shit comes ou,t and it's like, is this just puberty? And no it's fucking not. But throughout, I want to say like 11 to 16, 17 I was like, you know, trying to find stuff online. And every time I would look I would find forums and forums would be discussing metaphysical stuff and I'm very much not of that. About six years ag,o things got really bad, and I you know, Discord was something I was starting to get into so then I you know found Discord spaces. I think this is a part of myself and my experience. And more importantly, not thinking I was just fucking crazy and alone, because that's really the best thing that I got out of interacting anywhere in here is that I'm not alone in this. This is not like a personal delusion. This is something that only I'm experiencing that's real, but other people are experiencing is real. And it was really powerful to find people like that. But I still needed to do that self-growth, and really accepting that it was real for me and validating myself in that way was what broke me out of that mindset, that psi or something that I shouldn't be interacting with or is not legitimate or not valid or whatever the fuck else.

So yeah, to kind of give my perspective on this and why this is important. I think that a lot of those tensions that were happening in the early community and a lot of the tensions that we're seeing now, it's not necessarily sang vs psi. It's your self-perception and the way you experience these things. Is this something that you go to because it brings you fulfillment or empowerment, or is it a draw? Are you pulled here? Or is this something that makes you feel different and makes you feel isolated and pushed away from, we'll say, like the typical population? And again, this is a spectrum. This is not like you're one or the other. It's never a hundred percent.

On that axis, not only helps in just understanding yourself better, understanding what you know, what trials and hurdles you're going through, but you know, within the context of this entire helps us interact better with our neighbors and the people that we don't necessarily align

with and keep that peace. I personally think it's really important that people of these different perspectives interact and engage with this community, and find not only other people like them but people that aren't. Because that still is something that can be a really important perspective to share and help in your own personal growth to engage with people that are not necessarily one-to-one.

**Lady Nova:**

Beautiful, loved it.

**Mikhail Sauromatos:**

It depends on identity. As I said, if we see our identity misrepresented or mistreated in any way, it stings us. It depends on how thick our skin is. If we are community veterans and we're used to people in the chat being an absolute menace, for example, it doesn't sting as much. Everyone has days when it gets to them.

What I suspect is that we're used to these fronts, that we're used to some kind of binary or axis, like even the euphoria-dysphoria model. So if you feel attacked or threatened in any way in your identity, like in some kind of experience you have in the community, you easily resort to assuming the other side is like okay, whatever your side is not valid, and you assume all the stereotypes, the worst qualities. Like, the worst saying, like the worst obnoxious side that thinks like I'm an awakened being, like drinking blood is for animals. Like the worst thing, you assume that. I think that has the potential to occur again. I see it occurring, actually.

**Lady Nova:**

I wonder if anyone in chat has their own specific theories on why this could be happening right now. I wanna be able to give chat its own stand right now before I say anything about my theories.

**Lady Nova:**

At the end of the day, no one else's experience matters pertaining to your own. It doesn't matter what someone else does. It does not in any way validate or invalidate what you're going through. And I think that that's an important discussion to be having in the community as a whole in order to prevent these types of tensions. I think in fairness, really, the internet has been doing a good job of that.

**Luna Niluv:**

I think, say what you will about 2014, to 2016, like Tumblr and whatever, but like I think that a lot of discussions that were had there and a lot of things that people had to say about identity and interacting with each other are very pertinent to really all people.

**PV Member:**

General social atomization globally and reintroduction of purity culture across many all communities out of reflexive parentheses and not entirely unfounded fear of being targeted by reactionary types?

**Luna Niluv:**

So it sounds like you're saying that you think that people are becoming more isolated from each other overall is coming from a fear of being targeted by reactionary people or groups that would tend to, for lack of a better term, uh call us cringe.

**Mikhail Sauromatos:**

I wouldn't say reactionary times, but like it's it's it's really an observation I made like this is a generational thing. Like the next generation like Gen Z or the one after that are used to being online and observed and seen all the time and have this like instinct that yeah I could be perceived as cringe so you know, there is this extra level of defensive pretension possibly going on. This might be confirmation bias, but I observed that people are not that confrontational these days. Like they you know, like I don't see among like the newer members, I don't see fights happening like no big fights like we used to have. Like everyone is more avoidant. Possibly. What do you think?

**Luna Niluv:**

I don't think so, I think people in general are a lot more conflict diverse. I think people are a lot more, or at least younger people, are a lot more uncomfortable with conflict. At least directly. Because I feel like I'm seeing a lot of the two camps kind of starting up a lot with younger people and maybe this has always been the case. I don't know. But I feel like I'm seeing younger people who either are so conflict diverse and so anxious about making anyone feel negative or a type of way that they're almost leaning into the direction of dare I say too tolerant. Or not, I guess this is kind of like three, not giving a fuck at all. But I also think that's kind of like a small group. And primarily getting a lot more comfortable with gossip. Like being really comfy in private spaces where you know or at least think you know that you're with safe people. And then letting the not giving a fuck quote tone. I feel like I'm seeing a lot more younger people in that kind of way. Because I feel like the pattern that I've noticed in the people who are engaging in these behaviors or saying these types of things seems to be a lot of younger people. Like older people who are saying this shit they're still there. They're still around. Like they're not popping out of the woodwork. They've been there the whole time. But like younger people coming into these spaces and whether it be med sangs you know Psi they're saying it almost exclusively in their spaces. Yes. They're not really coming out to like the enemy battlefield and like you know, shittalking to their faces. They're doing a lot of it among themselves. Yep. And that goes with a lot of the VC drama. Not start shit exactly. No one is comfortable with direct confrontation anymore.

**Lady Nova:**

Along with that, exactly, is that you have people who have grievances of other people, let's say, for example, who feel like there was some sort of discrimination or there was a Psi vs Sang situation. They rather go into these spaces and talk about, I mean, the spaces that they are more friendly with, they go into those spaces and talk about it but they don't actually face it head-on privately with the person they were having issues with. So that's how I feel like a lot of rumors get spread. That's how problems don't get solved because they're more so antisocial in the aspect of wanting to solve problems, but they rather vent about it. If that makes sense, hopefully.

**Luna Niluv:**

And I think part of that is insecurity because, like, in the same vein of you know, I'm trying to make the position that a lot of these tensions come from personal insecurity and needing to kind of tear down another person to validate yourself which is something people have always done but I think that's part of that always has been occurring. That has been the route, maybe? Of like the wars.

**Mikhail Sauromatos:**

100%! There's always been insecurity and insecurities because, like, being a vampyre you know, there is no more illegitimate thing to be. There's no legitimacy like if we're being honest like outside of our spaces. So every shred of believability or like vampyre cred you hold on to that or you're used to at least do that, is like they think that the people in their spaces are agreeing with them.

## The Solution to Preventing History From Repeating

**Mikhail Sauromatos:**

What is the resolution we're coming to? I think a big part of this is holding yourself and your communities accountable. Not saying "start flame wars." I'm not saying eviscerate somebody for saying something dodgy. But if you were noticing people in your spaces riffing on these themes, whether it be discussing theory about these sorts of things, I think that there's a very, very substantial difference between people discussing theory and just riffing on these themes.

Like, look, none of us really know what the fuck any of this is. You can have your own philosophies behind "why?" Why do I want to do this? No one has a certain answer. And I think it's important to be able to discuss and debate ideas, but there's a difference between discussing alternatives and alternative perspectives and just straight up insulting people or saying that other perspectives are cringe or stupid or whatever, delusional. I think it's important to be able to notice these things and not just tolerate them.

**Luna Niluv:**

I'm sure maybe part of this is more of an emphasis on community leaders and their moderation staff, but you know, it's not being a mini mod to say, "Hey you, that ain't cool." I think a bigger part of it is just people standing up for it and not giving the impression that this is something that is tolerated.

**Lady Nova:**

Exactly. And I think a lot of people aren't doing that, and they would rather just take what this person is saying as fact without actually critically looking at this information and be like, "Okay, do I know these people? Do I know what exactly was said?" No, they're not doing that. They're just running with it. And that's just what society does best, honestly is just taking things and running with it. There are a whole lot of issues with that.

I think if people were to actually sit down and talk about these issues, or at least be open-minded instead of automatically choosing bias of someone's perspective, I think that could prevent a lot of these situations from happening for sure.

I also just wanted to give a reminder that there is a difference between being inquisitive and being just overall inflammatory and disrespectful. Just wanted to make this known for chat and just in general, when it comes to poking holes I think it is okay to question other beliefs as long as it's being respectful, but those two do tie together especially for this chat right now. Wanna make sure where it's okay to ask questions, but being inflammatory in general is not okay and will not be tolerated at this time.

Alright, so does anyone else have anything else to say for this segment?

**Luna Niluv:**

All these things play together. Some of them are nice, some of them are not so nice. Whether you don't want history to repeat itself depends on what the goal of the schism is. I think that's important too. I'm also wondering if this is something that got conflated in the discussion of history repeating itself in this way, is not necessarily the part where the med songs were created. That I think was an interesting consequence that is not always the case, where there's like a schism and like a solidification of its own community. And yet it was beneficial. So it's not so much the fear of another schism as it is just people being at each other to each other again. Like really, that's kind of it, right? Is we don't want more drama. We don't want more tensions or people kind of going at each other's throats, so to speak (maybe pun intended). I don't know. That's the bit of history we don't want to repeat.

**PV Member:**

More open discussions like this, more blogs, more VC roundtables or 50 could be beneficial with more communication that I think could just prevent stuff like unnecessary conflict from repeating again.

**Lady Nova:**

What should we do differently? What should we be more mindful of when looking forward after this discussion? Pretty much what have you taken from this discussion?

**Mikhail Sauromatos:**

While preparing notes for this discussion, I noticed that the behavior I'm describing is what I do that. I do that. I can be incredibly callous at times and also incredibly sensitive at times. So being mindful of that, you know, that you have bad days. Like that's good. So like, if we can be a little nicer to each other, that would be nice, probably.

But also we just need a better conflict culture. We need people to talk if they have problems; we need them to talk to each other. Yes, like this silence thing, like that's what I don't like, or you don't like it?

I feel like a lot of things could just be removed from the entire equation of people just genuinely talking to each other, and I do think that's Part of what we mentioned earlier, especially with younger people who tend not to want to be around conflict. I think part of that is having to go into DM's to participate more in the conflict to solve something. I think that's a big issue that we're seeing

**PV Staff Member:**

I just think it takes Internal looking at yourself and going. "Okay, how's my attitude? How was my experience?" And things like that, where I think it just is also we're on the internet. This is the fucking internet like don't take it. So like Mikhail says, like this is the internet I'm not about to sit in a flamer for 5 hours with anybody. I'm going to put my phone down to go watch TV or do something that I actually want to do And I think it's taking time away from the VC itself and just step away from the thing bothering you and just do something else, and come back when you're feeling better. With that expression, you calm down.

**PV Member:**

Yeah, we're all in this together. Just don't hurt anybody.

**PV Member:**

People joining VC spaces to be edgy and have a superiority Complex or even VC leaders walking into spaces acting like they own the place or is above them is another issue I see and I think if people cut the edginess, there would be less clash.

**Lady Nova:**

That's why rule 4 exists in the community. Yeah. That's why that's part of the application process is what was Rule 4? (Rule 4 in PV rules is a rule over edginess and superiority complexes)

**Luna Niluv:**

Yes, please recite to me what rule 4 was so we understand you're not gonna be an asshole. Yeah, the funniest bit is when people do that and then in their introduction still have those big ass paragraphs where they're like, yeah, they still pretty much show the whole superiority complex.

**PV Member:**

People with bad blood should not interact in public and should be handled in dms.

**Lady Nova:**

Yes, I agree, people who fight publicly look silly to everyone else, especially those who once again dont want to solve anything and retreat into spaces they think aren't connected to where the original fight happened. It makes it look even sillier. So please handle outside bief in DMs.

And of course, if anyone has any specific grievances when it comes to anything handled here in Project V, my DMs are open. I am more than happy to discuss.

I really do think that's a lot of the issues that we're seeing here and how things get blown out of proportion. I also think. Again, this is the online community. When we're texting to each other,

jokes kinda don't land very well. It's kinda hard to tell what people are saying half of the time. So I think another thing people are lacking is when it comes to these situations, they don't ask for any sort of clarity. Like, "Oh, I read this. Can you maybe clarify what you meant by that?" And you're just being like general, not inflammatory, but that's perfectly valid. Even for myself, I sometimes see posts of two people interacting and I genuinely cannot tell if they're like they have their own type of relationship with each other, where that's just how they talk to each other and that's how they communicate because they've known each other for a long time or they just genuinely hate each other's guts. There are things that we can't tell, and I have to honestly go into your DMs and be like, "Hey, can I ask if this was actually okay? Or was this inflammatory sort of speech? And again, I think all of these things could help people who are in moderation positions, leadership positions, or positions in some aspect. I think communicating, talking things out privately if you have issues with somebody, can really prevent things from escalating. I think that's the biggest thing we can take from this whole discussion. People tend to react very differently to different situations and I think being able to step away, think, and then come back is the best thing you can do to prevent being very reactive in a situation. And if you do become reactive, do your best to prevent those patterns from surfacing again and even talk about that.

Discussion Pretty Much Ended Here, I had a bunch typed up that I thought was interesting, but it technically had nothing to do with the topic.

## Resources

### **By Light Unseen:**

<https://bylightunseen.net/vampreal.htm>

[The Early Years](#)

[The Online Vampire Community Takes Off](#)

[The "Psivamp Revolution" and Its Aftermath](#)

### **Sanguinarius:**

Further research can be done via the Wayback Machine tool by Internet Archive on now defunct websites such as [sanguinarius.org](http://sanguinarius.org), etc.

### **The Red Cellar (TRC):**

A Sanguinarian Treatise: An Argument For Partition From The Vampire Community By CJ

<https://theredcellar.com/2016/02/07/a-sanguinarian-treatise-an-argument-for-partition-from-the-vampire-community/>

A Treatise for the Most of Us: An Argument for Honest Introspection and Mutual Understanding By CJ

<https://theredcellar.com/2016/03/02/a-treatise-for-the-most-of-us-an-argument-for-honest-introspection-and-mutual-understanding/>

Consider the Med-sang point of view by Syrf

<https://theredcellar.com/2016/03/04/consider-the-med-sang-point-of-view/>

Ex Meis Cineribus Renascor – Sanguivores, Med Sangs & Vampires By Alexia

Note from author: (The “Type A/Type B” thing isn’t relevant anymore, but the rest shows some historical context)

<https://theredcellar.com/2017/09/19/sanguivores-vampires-ex-meis-cineribus-renascor/>